

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.


Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is like the idea
of fruits & vegetables.

What I like least about the proposed
changes is preferred it
to stay the same.

Thank you for reading my comments.

Sincerely,



WIC Participant

10-19-06

Date

GA 741 406074

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the opportunity to get
whole grain cereals and fruits & veggies.

What I like least about the proposed
changes is the reduction of...
milk, eggs and chessee.

Thank you for reading my comments.

Sincerely,

America Molina

10-18-06

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is _____

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.


Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is more choices to
choose from.

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,


WIC Participant

10/18/06

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is more options of vegetables
and that we can get tortu.

What I like least about the proposed
changes is Reduced prices.

Thank you for reading my comments.

Sincerely,

Olivia Reins
WIC Participant

10-18-08
Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is getting fruit + veggies

What I like least about the proposed
changes is that I am getting less
milk.

Thank you for reading my comments.

Sincerely,

LAURA SANCHEZ
WIC Participant

10-19-06
Date

P-3066

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Fruit & Vegetables

What I like least about the proposed
changes is Flour & Oil

Thank you for reading my comments.

Sincerely,

Helen

10-17-06

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is whole grain, because they are
better than regular (white grain).

What I like least about the proposed
changes is N/A.

Thank you for reading my comments.

Sincerely,

Elvira Penate

WIC Participant

10-16-06

Date

P-3008

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is IT PROVIDES MORE SELECTION FOODS THAT WERE NOT

AVAILABLE TO WIC PARTICIPANTS

What I like least about the proposed
changes is THE AMOUNT OF SERVICES THAT WERE GIVEN

BEFORE. I THINK IT SHOULD STAY THE SAME BUT THE PROPOSED

VALUES SHOULD BE ~~ADDED~~ ADDED ON.

Thank you for reading my comments.

Sincerely,



WIC Participant

10-14-06

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is fresh milk, more
products, I could use.

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,

[Signature]

10/14/09

WIC Participant

Date

P-3010

OCT 30 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is they offer fruit &
vegetables.

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Monica Lane

10.18.08

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is more variety

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,

William Pata
WIC Participant

10/19/08
Date

R-3012

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Fruits, soy milk

What I like least about the proposed
changes is I like the change

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the whole grain and fruit.

What I like least about the proposed
changes is the milk my son need
whole milk

Thank you for reading my comments.

Sincerely,

Laura Lee

WIC Participant

10-19-06

Date

P-3014

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is that I can buy more fruits and vegetables
and whole grains like bread and tortillas.

What I like least about the proposed
changes is that I can't buy more whole grains like bread and tortillas
and I can't buy more fruits and vegetables.

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

P-3015

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is _____

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

P-3016

OCT 30 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is _____

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Everything

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,

Michelle Broussard

WIC Participant

10-17-06

Date

P-3018

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the added fruits.

What I like least about the proposed
changes is that it took this long to change

Thank you for reading my comments.

Sincerely,


WIC Participant

10-17-06
Date

P- 3019

OCT 30 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

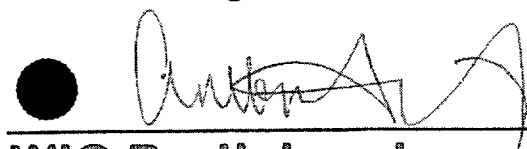
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is get ^{have} more name
brand items.

What I like least about the proposed
changes is less things

Thank you for reading my comments.

Sincerely,



WIC Participant

10-17-06

Date

P-3620

035 8 1 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the add on of fruits
and vegetables.

What I like least about the proposed
changes is the reduction of
my milk and cereal choices.

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

[Date]
Date

P-3021

06-P

UC-1 8 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

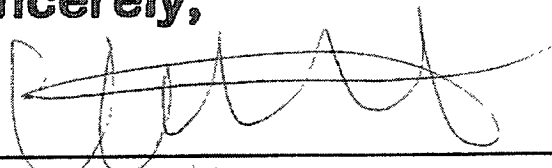
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is The tortillas and
Oatmeal.

What I like least about the proposed
changes is none.

Thank you for reading my comments.

Sincerely,



WIC Participant

10/13/06

Date

P-3022

06-18-2022

06-18

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is buy whole grains
and tortillas.

What I like least about the proposed
changes is no fruit.

Thank you for reading my comments.

Sincerely,

Ana Uribe

WIC Participant

Date

P-3023

OCT 1 8 2008

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

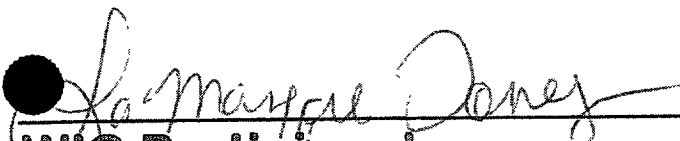
Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is ~~that you get real good fruits~~
you get real good fruits.

What I like least about the proposed
changes is ~~that you won't get~~
the things that we want.

Thank you for reading my comments.

Sincerely,


WIC Participant

Date

P-3024

NOT 1 8 2005

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the fruit and veg.

What I like least about the proposed
changes is NONE I LIKE ALL

Thank you for reading my comments.

Sincerely,

Regina Garcia
WIC Participant

Date

P-3025

OCT 12 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is \$8 worth of fruits
& veggies / choices of whole grains

What I like least about the proposed
changes is none

Thank you for reading my comments.

Sincerely,

Rei Nelson

WIC Participant

10-13-06

Date

P-3026

OCT 1 1 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is that it will be a lot better for
him to eat.

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Jessie L. Ortega 10-13-06
WIC Participant Date

P-3027

OCT 13 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is THE CONSISTENCY OF GUIDELINES
FOR FOOD & HEALTH & MORE OPTION/VARIETY IN FOOD

What I like least about the proposed
changes is N/A

Thank you for reading my comments.

Sincerely,

Julia A. Damento
WIC Participant

OCT. 13, 2006

Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is it is healthier for me
kind.

What I like least about the proposed
changes is via.

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

10-19-06
Date

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is ADDS VEGETABLES
AND FRUIT.

What I like least about the proposed
changes is _____
_____.

Thank you for reading my comments.

Sincerely,

Lindsay Libbette

WIC Participant

10/19/08

Date

P-3030

OCT 3 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the new fruits and veg

What I like least about the proposed
changes is nothing

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

P-3031

06-P

OCT 1 1996

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is everything

What I like least about the proposed
changes is no comment

Thank you for reading my comments.

Sincerely,

Wendy Lora
WIC Participant

10-13-96
Date

P-3032

06-P

2007 11 1 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the fact that you have more

variety and more food.

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Debbie Tyler

WIC Participant

10/13/06

Date

P-3033

06-P

**Queridos Amigos del Departamento de
Agricultura de Estados Unidos:**

**Les escribo para contarles lo que pienso sobre la
propuesta de cambiar los alimentos de WIC.**

**¡Gracias por añadir frutas y verduras a los
cheques de WIC! Será un placer poder elegir
alimentos más frescos y nutritivos para mi
familia.**

**Lo que más me gusta sobre los cambios
propuestos es**

Es por la leche y cereal

**Lo que menos me gusta sobre los cambios
propuestos es**

que nos quitaron las frutas
de la tienda donde nos dan la comida

Gracias por leer mis comentarios.

Atentamente,

Daniella Del Toro

Participante de WIC

10-10-06

Fecha

P-3034

EST - 9 2005

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Fresh fruits & vegetables

What I like least about the proposed
changes is ~~Reduced~~ Reduced egg quantity

Thank you for reading my comments.

Sincerely,

Jessie Ojo
WIC Participant

10-12-06
Date

P-3035

06-10-2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is is good to have a change

What I like least about the proposed
changes is NA

Thank you for reading my comments.

Sincerely,

Amelia Deter 9/10/06
WIC Participant Date

P-3036

001 1 1 001

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Fruits + Vegetables

What I like least about the proposed
changes is

Thank you for reading my comments.

Sincerely,

Evans

WIC Participant

10/10/06

Date

OCT 12 2008

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is This have fruit

What I like least about the proposed
changes is The excess

Thank you for reading my comments.

Sincerely,

Maria Moreno
WIC Participant

10-10-08
Date

P-3038

06-17

OCT 19 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is That there now will be

more fruit and grain.

What I like least about the proposed
changes is that there will be

Thank you for reading my comments.

Sincerely,

Barbara Ford

WIC Participant

11-13-06

Date

P-3039

06-P

OCT 14 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is fruit & vegetable.

What I like least about the proposed
changes is no comment.

Thank you for reading my comments.

Sincerely,

[Signature]
WIC Participant

10/13/06
Date

P-3040

06-P

SEP 13 2015

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the fruit

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

P-3041

OCT 12 1998

Dear Friends at US Department of
Agriculture,

06-P

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the tofu and canned
beans adding the whole grains.

What I like least about the proposed
changes is less milk and cheese.

Thank you for reading my comments.

Sincerely,

Rose A. Neves

10.12.06

WIC Participant

Date

P-3042

077 : 2008

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is more Fruit & vegetables

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Angela Craig
WIC Participant

Date

P-3043

0571 208

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is the whole grain foods.
I think adds fruits & vegetables.

What I like least about the proposed
changes is None

Thank you for reading my comments.

Sincerely,

Chantae
WIC Participant

12/12/06
Date

P-3044

OCT 1 5 2004

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is that we can buy more fresh fruits and vegetables

What I like least about the proposed
changes is that we can't buy more whole grains like bread and tortillas

Thank you for reading my comments.

Sincerely,

WIC Participant

Date

P-3015

Oct 14 2010

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is adding fruits and
vegetables.

What I like least about the proposed
changes is nothing.

Thank you for reading my comments.

Sincerely,

Arl Pearson
WIC Participant

10/12/10
Date

P-3046

OCT 18 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is GOOD

What I like least about the proposed
changes is _____

Thank you for reading my comments.

Sincerely,

Emma Liza Reid
WIC Participant

10-13-06
Date

P-3047

OCT 29 2006

06-P

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is everything is ok.

What I like least about the proposed
changes is less cheese.

Thank you for reading my comments.

Sincerely,

India H. Amant

WIC Participant

10/13/06

Date

P-3048

06-P

2011-1-05

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is _____

What I like least about the proposed
changes is _____

Thank you for reading my comments.

NO comments
Sincerely,



P-13-06

WIC Participant

Date

OCT 19 2018

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is Being able to buy

What I like least about the proposed
changes is

Thank you for reading my comments.

Sincerely,

Donna E. Fickel
WIC Participant

10/19/18
Date

OCT 13 2006

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and veggies to
the WIC checks! I will enjoy choosing fresh,
healthier foods for my family. I also like the
idea of being able to buy whole grains like
bread and tortillas.

What I like most about the proposed
changes is The fruit

What I like least about the proposed
changes is The cut down on
Milk And Juice

Thank you for reading my comments.

Sincerely,

(T. Keaton Brown)


WIC Participant

10.13.06
Date